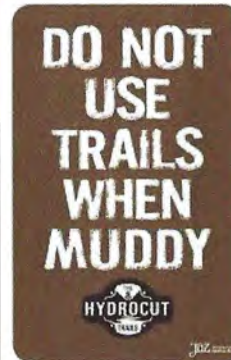


# Cochran Mill Park

## Plan Your Visit

30 minutes: Orange trails to falls (easy)  
 1:30 - 2 hours: All orange trails or combine with green, passes 3 waterfalls and several cascades (moderate)  
 3+ hours: Yellow trails to Henry Mill Falls (moderate)  
 3+ hours: Red trails to Henry Mill Falls (difficult, horse access via #9, hiker and bike access via #13)



All trails are multiuse unless otherwise posted on map



Cochran Mill Nature Center  
 9am - 5pm Closed Sundays  
 Separate Fee Required

P = parking  
 AID = Aid Station



### Trail Names + Length in Miles

- 6. Pete's Single Track (.20)
- 7. Cedar Branch (1.0)
- 8. Zack's Glade (.65)
- 9. Old Swamp (.71) **NO BIKES**
- 10. Henry's Mill Falls (2.1)
- 11. The Wall Loop (2.1)
- 13. Turnpike (.5) **NO HORSES**
- 14. Bear Creek (1.5)
- 15. Big Ridge Loop (1.1)
- 16. 5 Turn Hill (.60)
- 17. Gravel Trail (.80) to gate

### Trail Names + Length in Miles

- 1. Cochran Mill Falls (.25)
- 2. Cochran Mill Loop 1 (.80)
- 3. Cochran Mill Loop 2 (1.0)
- 4. Cascades (.35) **No Horses**
- 5. Nature Center (1.3)

Upper Wooten gravel trail to Rico Park 3.5 miles. A great alternative to park trails when trails are wet. Stay on main road. Side roads are private.